



# Candia School District

Henry W. Moore School  
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(603) 483-2251  
[candia.sau15.net](http://candia.sau15.net)

*Becky L. Wing  
Principal*

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Director of Student Services*

## **National School Lunch Program (NSLP)**

### **Special Dietary Medical Statement**

**Purpose:** 7 CFR 210.10(m) requires School Food Authorities (SFAs) to make meal modifications, including substitutions in lunches and afterschool snacks, for children with a disability and whose disability restricts their diet. The modification requested must be related to the disability or limitations caused by the disability and must be offered at no additional cost to the child or household.

**Directions:** A State Licensed Healthcare Professional who is authorized to write medical prescriptions under state law or a Registered Dietitian must complete Parts 2 and 3 and sign this form. In New Hampshire this includes a Physician, Physician Assistant, Nurse Practitioner (APRN), Dentist, Optometrist, Naturopathic Doctor, or Podiatrist. Once complete, please return to your child's school or institution.

### **PART 1: GENERAL INFORMATION**

Name of Child: \_\_\_\_\_ Name of Parent/Guardian:  
\_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address:  
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### **PART 2: ACCOMODATIONS**

What food(s)/type(s) of food must be omitted? Please be specific:

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How does exposure to this food restrict their diet?

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USDA is an equal opportunity provider, employer, and lender

Updated 12/2025

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Recommended Substitute to this food (avoid specific brand names, if possible):

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Additional Comments (i.e., other specified accommodation(s) needed:

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**PART 3: SIGNATURE**

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Signature of Licensed Healthcare Professional/Registered Dietitian                      Date Signed

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Printed Name of Licensed Healthcare Professional/Registered Dietitian                      Title

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\*\*\*Parent or Guardian Signature

Date Signed

*\*\*\*Previously, schools, on receipt of a written statement from a State-licensed health care professional or registered dietitian, were required to provide a substitute for fluid milk for students whose disability restricts their diet. Effective immediately, a parent or legal guardian may also provide this written statement to request a fluid milk substitute at school lunch.*