

January 2023 Lunch Menu

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
NO SCHOOL TODAY NEW YEAR'S DAY OBSERVED	No School	Chicken Sausage & Egg on an english muffin Baked beans, warm fruit & cinnamon Garden Bar, Choice of milk	Hot Dog on a Bun French Fries Peach cup Garden Bar Choice of Milk	Pizza Cheese Crunchers w/Marinara Steamed Corn, Apple Garden Bar, Milk
Monday 9 Subs: Turkey or Ham add lettuce & tomato chips & fruit icy garden bar, milk	Tuesday 10 Chicken Nuggets Seasoned Rice Tossed Salad, Pear Cup Garden Bar & Milk	Wednesday 11 French Toast Sticks Smoothies, Blueberries Hashbrown Patty Garden Bar, MILK	Thursday 12 Ziti & Meatball Sweet Peas Assorted Fruit Cups Garden Bar, Milk	Friday 13 Cheese Pizza Chocolate Hummus Apple Slices Garden Bar, Milk
Monday 16 No School Today Civil Right's Day Observed	Tuesday 17 Grilled Cheese Warm Apple Crisp Green Beans Garden Bar, Milk	Wednesday 18 Chicken Nachos Lettuce, Tomato & salsa Black Beans, Orange Garden Bar & Milk	Thursday 19 Shepherd's Pie w/ Biscuit Coleslaw assorted fruit Choice of Milk, Garden Bar	Friday 20 Mozzarella Cheese stick caesar salad frozen strawberries Garden Bar, Milk
Monday 23 Chicken Bacon Ranch Three Bean Salad Mandarin Oranges Garden Bar, Milk	Tuesday 24 Beef or Fish Tacos Lettuce, Tomato & salsa Applesauce Garden Bar, Milk	Wednesday 25 Ham & Cheese Croissant Butternut Squash Grapes Garden Bar, Milk	Thursday 26 Stir Fry Chicken Pineapple Cup Steamed Broccoli Garden Bar, Milk	Friday 27 Sal's Cheese Pizza Veggie Sticks and Dip Fresh Fruit Garden Bar, Milk
Monday 30 Italian Sub Sweet Corn Apple Garden Bar, Milk	Tuesday 31 Chicken Tenders Mashes Potatoes Banana Garden Bar, Milk			

DAILY OFFERINGS MAY INCLUDE ONE OR MORE OF THE FOLLOWING: MUNCHABLE PLATE, SALAD PLATE OR SANDWICHES.

This menu meets the Nutritional Guidelines for the National School Lunch Program as established by the USDA.

This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades.

MENU SUBJECT TO CHANGE UPON PRODUCT AVAILABILITY