

LUNCH

NOVEMBER 2020 In School Menu

Henry W. Moore School

This menu meets the USDA guidelines for the National School Lunch Program
 Menu is subject to change without notice due to product availability
 All Meals Are Served With Fruit of the Day and Milk

School Meals Are Free until 12/31/20 or until the funds run out whichever comes first. If you feel you qualify for free meals please submit an application as soon as possible for a seamless transition when we return to the National School Lunch Program

Monday

2
 Ham and Cheese on Pretzel Roll
 Or
 Sunbutter and Jelly Sandwich
 W/ Crispy Carrots and Dip

9
 Turkey Club Sandwich
 Or
 Sunbutter and Jelly Sandwich
 Potato Salad
 Veggie of the Day

Breakfast For Lunch 16
 French toast Sticks
 Sausage Links
 Home Fries and Baked Beans

Breakfast For Lunch 23
 Sausage, Egg, and Cheese
 On a Croissant
 Smile Fries
 Baked Beans

30
 Grilled Cheese Sandwich
 Bag of Chips
 Carrot Sticks and Hummus

Tuesday

3
 Grilled Chicken
 Caesar Salad with Flatbread
 Or
 Build Your Own Pizza
 Munchable

10
 No School

17
 Build Your Own Pizza
 Munchable
 or
 Bagel Yogurt Munchable

24
 Personal Cheese Pizza
 Veggie of the Day
 Or
 Bagel Yogurt Meal

Wednesday

4
 Homemade
 Sheppard's Pie with Dinner Roll
 Green Beans
 Or
 Tuna Sub
 W/ Green Bean Salad

11
 No School

Thanksgiving Feast 18
 Turkey with Stuffing
 Mashed Potatoes & Gravy
 Peas & Carrots
 Dinner Roll and Cranberry
 Fall Cookie
 This will be the only option today

25
 No School

Thursday

5
 French bread Cheese Pizza
 With Side Garden Salad

12
 Stuffed Crust Cheese Pizza
 With Side Caesar Salad

19
 Tony's Round Pizza
 With Side Salad

26
 No School

Friday

6
 Chicken Nuggets
 With Sweet and Sour Sauce
 Seasoned Rice
 Baked Beans

13
 Hot Dog On roll
 With Sweet Potato Fries
 Or
 Grilled Chicken Salad
 W/ Flatbread
 Crispy Carrots

20
 Hamburger on Roll
 BBQ Baked Beans
 Or
 Crispy Chicken Salad W/Roll
 Side of Crispy Carrots

27
 No School



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