

<b>Amherst Middle School</b>	
<b>Phone: 603-673-8944</b>	
Track and Field	<p>412 Boston Post Rd Amherst, NH 03031</p> <p><b><u>From the School</u></b> Take 101W toward Manchester; stay on NH-101W until you get to the exit to merge with Everett Turnpike South Merge with Everett Turnpike South; take exit 11 toward US-3/Merrimack Keep right to continue toward Camp Sargent Rd Turn left onto Camp Sargent Rd, continue to follow Camp Sargent Rd and Continental Blvd Turn right onto NH-101A W Turn right onto Boston Post Rd School will be on the right- track is located between the middle and high school parking lots</p>
<b>Auburn Village School, Auburn</b>	
<b>Phone: 603-483-2769</b>	
Cross Country, Basketball	<p>11 Eaton Hill Road Auburn, NH 03032</p> <p><b><u>From Candia:</u></b> 101W to Exit 2 Take a left off the exit, the school will be on the left. The fields and the gym are in the back of the school.</p>
Soccer, Softball, Baseball	<p>Wayne Eddows Field 27 Priscilla Lane Auburn, NH 03032</p> <p><b><u>From Candia:</u></b> 101W to Exit 1 Take a left off the exit onto NH-28 S At the traffic circle take the second exit Turn left onto Pricilla Lane</p>
<b>Bedford: Ross A. Lurgio Middle School</b>	
<b>Phone: 603-310-9100</b>	
Track and Field	47 Nashua Rd

	<p>Bedford, NH 03110</p> <p><b><u>From the School:</u></b></p> <p>Take 101W toward Manchester, take the right exit to 101W/293N toward Manchester</p> <p>Continue on 293N, keep left to continue on 101W</p> <p>At light, stay in left lanes to turn onto 101W</p> <p>Turn left onto Chestnut Dr</p>
<p><b>Bow Memorial School</b></p> <p><b>Phone: 603-225-3212</b></p>	
<p>Cross Country, Track and Field</p>	<p><b>Meets run at Bow High School</b></p> <p>55 Falcon Way Bow, NH 03304</p> <p><b><u>From Candia:</u></b></p> <p>101W toward Manchester, Keep right to follow 93N toward Concord</p> <p>Take exit onto I-89 N</p> <p>Take exit 1 toward Bow / Logging Hill Rd</p> <p>Turn right onto South Street</p> <p>Continue onto Logging Hill Rd</p> <p>Turn right onto White Rock Hill Rd</p> <p>Turn right onto Turee Pond Rd</p> <p>Slight left at Falcon Way , Desitnation will be on left</p>
<p><b>Boynton Middle School, New Ipswich</b></p> <p><b>Phone: 603-878-4800</b></p>	
<p>Soccer, Softball, Baseball</p>	<p>Town Field on Playground Road</p> <p><b><u>From Candia:</u></b></p> <p>101W toward Manchester; Keep left to stay on 101W, and turn left to follow 101W toward Milford/Keene.</p> <p>About 17 miles, turn left onto Elm St./NH-101, continue to follow NH-101</p> <p>Turn left onto Greenville Rd/NH-31, continue to follow NH-31</p> <p>Turn Right onto Pleasant St./NH-123</p> <p>Turn slight left onto Main St/NH-123</p> <p>Turn left onto River St/NH-123, continue to follow NH-123</p> <p>Turn right onto Turnpike Rd.</p> <p>Turn right onto Temple Road</p>

	Take the 1 <sup>st</sup> left onto Playground Rd.
Basketball	<p>Basketball court at the school: 500 Turnpike Road New Ipswich, NH 03071</p> <p><b><u>From Candia:</u></b> 101W toward Manchester; Keep left to stay on 101W, and turn left to follow 101W toward Milford/Keene. About 17 miles, turn left onto Elm St./NH-101, continue to follow NH-101 Turn left onto Greenville Rd/NH-31, continue to follow NH-31 Turn Right onto Pleasant St./NH-123 Turn slight left onto Main St/NH-123 Turn left onto River St/NH-123, continue to follow NH-123 Turn right onto Turnpike Rd. School is on the left.</p>
<b>Cawley Middle School: Hooksett</b>	
<b>Phone: 603-518-5047</b>	
Cross Country	<p>89 Whitehall Road Hooksett, NH 03106</p> <p><b><u>From the school:</u></b> Take a right at the traffic light onto High Street. Follow this road for about 7 miles, Cawley Middle School will be on the left.</p>
<b>Chester: Chester Academy</b>	
<b>Phone: 603-887-3621</b>	
Soccer, Basketball, Softball, Baseball	<p>22 Murphy Drive Chester, NH 03036</p> <p><b><u>From the School:</u></b> Start going southwest on NH-43, turn slight right onto Old Candia Rd/NH-43 Take the 2<sup>nd</sup> left onto Stump St. Turn right onto Main St.; take the 1<sup>st</sup> left onto Chester Rd (Becomes Candia Rd.) Turn left onto N Pond Rd. Turn right onto Raymond Rd/NH-102 Take 1<sup>st</sup> left onto Murphy Dr.</p>
Cross Country	<p>Wason Pond Recreation Area 603 Raymond Rd Chester, NH 03036</p>

	<p><b><u>From the School:</u></b>  Turn left onto NH-27/High St.; continue to follow NH-27  Stay straight to go onto Route 27/NH-107  Take the 1<sup>st</sup> right onto Main Street  Turn right onto Freetown Rd/NH-102; continue to follow NH-102  Destination is on the right.</p>
<p><b>Concord Middle School</b></p> <p><b>Phone: 603-225-0862</b></p>	
<p>Track and Field</p>	<p>Memorial Field  Concord, NH 03301</p> <p><b><u>From the School:</u></b>  Take NH-101W to 93N. Get off Exit 12N on 93N to merge onto Main Street  Turn Left onto Broadway  Continue onto Clinton St.  Turn Right at Norwich Street</p>
<p><b>Derryfield School, Manchester</b></p> <p><b>Phone: 603-669-4524</b></p>	
<p>Soccer, Basketball, Baseball</p>	<p>2108 North River Road  Manchester, NH 03104</p> <p><b><u>From the School:</u></b>  Turn right onto High St/NH-27; Continue to follow NH-27  NH-27 becomes Martins Ferry Rd  Martins Ferry Rd becomes N River Rd  Derryfield School will be on the right</p>
<p><b>Epping Middle School, Epping</b></p> <p><b>Phone: 603-679-2544</b></p>	
<p>Soccer, Basketball, Softball, Baseball</p>	<p>33 Prospect Road  Epping, NH 03042</p> <p><b><u>From the School:</u></b>  Turn left onto High St/NH-27, continue to follow NH-27  Turn left onto Main St (Epping House of Pizza on the corner)  Turn left onto Prospect St  School is on the right</p> <p><b><u>Highway:</u></b>  Take 101E to exit 7 toward Epping/Kingston</p>

	<p>Turn left onto NH-125/Calef Hwy.  Turn left onto Water St/NH-27  Take the 2<sup>nd</sup> right onto Main St  Turn left onto Prospect St, school is on the right</p>
<p><b>Gilbert H. Hood, Derry</b>   <b>Phone: 603-432-1224</b></p>	
<p>Cross Country</p>	<p><u>At the School:</u>  5 Hood Road  Derry, NH 03038  <b><u>From the School:</u></b>  Start southwest on NH-43 toward High St,  take slight right onto Old Candia Rd/NH-43  Take 2<sup>nd</sup> left onto Stump St  Turn right onto Main St  Take 1<sup>st</sup> left onto Chester Rd (Becomes  Candia Rd)  Turn left onto NH-121/Chester St  Turn right onto Derry Rd/NH-102, continue  to follow NH-102  Enter roundabout and take 2<sup>nd</sup> exit onto E  Broadway/NH-102  Turn right onto Hood Rd, destination is on  the right  <b><u>Highway:</u></b>  101W to Exit 1 for Auburn/Hooksett  Turn left onto NH-28 Byp/Londonderry  Turnpike  Enter roundabout and take 2<sup>nd</sup> exit to NH-  28; follow for almost 9 miles  Enter next roundabout and take 1<sup>st</sup> exit  onto E Broadway/NH-102  Turn right onto Hood Rd, destination is on  the right</p>
<p>Track &amp; Field</p>	<p><u>T&amp;F runs at Pinkerton Academy</u>  19 N. Main Street  Derry, NH 03038  <b><u>From the School/Highway:</u></b>  101W to Exit 1 for Auburn/Hooksett  Turn left onto NH-28 Byp.  Enter roundabout and take 2<sup>nd</sup> exit to NH-  28  Destination will be on the left, if you pass</p>

	Pinkerton Academy Dr. you have gone too far
<b>Hampstead Middle School, Hampstead</b>	
<b>Phone: 603-329-6743</b>	
Soccer, Cross Country	28 School Street Hampstead, NH 03841 <b><u>From the School:</u></b> Start going southwest on NH-43, take slight right onto NH-43 Take 2 <sup>nd</sup> left onto Stump St Right onto Main St Take 1 <sup>st</sup> left onto Chester Rd (Becomes Candia Rd) Turn left onto NH-121, continue to follow NH-121 Turn left onto School St, destination is on the left
<b>Holy Family , Manchester</b>	
Soccer	Rock Rimmon Field Corner of Moore and Mason Street, Manchester NH
<b>Hopkinton Middle/High School, Contoocook</b>	
<b>Phone:</b>	
Soccer	<b><u>Houston Fields:</u></b> 89 North to Exit 6, take a right off the exit Follow road to center of Contoocook, about one mile, where road ends Take a left and go over the bridge Bear left at fork and take immediate left on Pine St. next to fire station About 500 yards along on right enter at sign for Hopkinton Library and Houston Fields Fields 1 and 2 are behind Library To get to Field 3, go past soccer field and take a right at gate before playground. Follow dirt road to field 3. Parking available there.
Basketball, Softball, Baseball	297 Park Ave

	<p>Contoocook, NH 03229</p> <p><b><u>From the School:</u></b>          Follow 101W to I-93N. Take exit ramp for I-89N.          Take Exit 6 for NH-127 toward Contoocook/ W Hopkinton.          Turn right onto NH-127 N/Maple St          Take a slight left onto Park Ave, school will be on the right.</p>
--	---

**Litchfield Middle School, Litchfield**

**Phone: 603-424-2133**

Cross Country	<p>19 McElwain Drive          Litchfield, NH 03052</p> <p><b><u>From the School:</u></b>          Take 101W toward Manchester; merge onto I-93 S/NH 101W; Merge onto I-293 N toward Manchester Airport- Take Exit 2, NH-3A/Brown Ave          Take a left off the exit onto Brown Ave          Turn slight right onto Brown Ave/NH-3A, continue to follow NH-3A          Turn left onto Pinecrest Rd          Take the 1<sup>st</sup> left onto McElwain Dr, your destination is on the right</p>
---------------	---

**Londonderry Middle School/High School, Londonderry**

**Phone: 603-432-6925**

Baseball	<p>Middle School Field          313 Mammoth Road          Londonderry NH 03053</p>
Softball	<p>Lafa Forest Field on Sargent Road, directly across from the high school</p>
Cross Country, Track & Field	<p><u>CC State Meet, T &amp; F run at High School</u>          295 Mammoth Road          Londonderry, NH 03053</p> <p><b><u>From the School:</u></b>          Take 101W toward Manchester; Merge onto I-93 S/NH-101W toward Manchester/Boston; Keep left to take I-93 S toward Derry/Boston          Take Exit 5 toward No Londonderry/Manchester – Merge onto NH-28N</p>

	<p>Turn left onto NH-128/Mammoth Rd Destination is on the right, about 3 miles</p> <p><u>CC Regular Season run at Middle School</u> 268 Mammoth Road Londonderry, NH 03053</p> <p><b><u>From the School:</u></b> Take 101W toward Manchester; Merge onto I-93 S/NH-101W toward Manchester/Boston; Keep left to take I-93 S toward Derry/Boston Take Exit 5 toward No Londonderry/Manchester – Merge onto NH-28N Turn left onto NH-128/Mammoth Rd Destination is on the right, about 3 miles</p>
--	---

**Merrimack Middle School, Merrimack**

**Phone: 603-424-6289**

Cross Country	<p>31 Madeline Bennett Dr. Merrimack, NH 03054</p> <p><b><u>From the School</u></b> Take the ramp onto 101W toward Manchester. Merge onto Everett Turnpike south. Use the right two lanes to take the Raymond Wiczorek Drive E exit toward US 3 E/Manchester Boston Regional airport. Keep right to continue toward US3 S Turn right onto US 3 S Turn right onto Baboosic Lake Rd Continue straight onto Madeline Bennett Dr</p>
---------------	--

**Milford Middle School**

**Phone:**

Track and Field	<p>Milford Middle School 33 Osgood Road Milford, NH 03055</p> <p><b><u>From the School:</u></b> Take 101W toward Manchester, take the right exit to 101W/293N toward Manchester Continue on 293N, keep left to continue on 101W</p>
-----------------	---

	<p>At light, stay in left lanes to turn onto 101W          Take NH-13 exit toward Milford/Brookline          Turn right onto NH-13 N          Turn left onto Union Street          Turn left onto Osgood Rd          Track is between the middle school and the high school buildings</p>
--	---

**Nashua High School South, Nashua**  
**Phone: 603-589-4311**

Cross Country	<p>36 Riverside Drive          Nashua, NH 03062  <b><u>From the School:</u></b>          Take 101W toward Manchester; stay on NH-101W until you get to the exit to merge with Everett Turnpike South          Merge with Everett Turnpike South; take exit 5 toward NH-111 W          Merge onto NH-111 W via Exit 5W toward Pepperell MA          Turn right onto Panther Drive          Take 1<sup>st</sup> right onto Riverside Drive          Destination will be on the left</p>
---------------	---

**Nashua Catholic Regional Junior High School, Nashua**  
**(603) 882-7011**

Soccer	<p><b>Main Dunstable Field</b>          466 Main Dunstable Rd          Nashua, NH 03062          *When you get to that address there are two fields on the right with a big parking lot, <b>go past those two fields and take the next driveway on the right.</b> They play on the field closest to the road</p> <p><b><u>From the School</u></b>          Take 101W toward Manchester          Merge onto US3 S/Everett Turnpike          Take Exit 5 for NH-111 W          Keep left at the fork, follow signs for NH-111 W/ Main Dunstable          Continue onto Main Dunstable Road</p>
--------	--

Softball	Greeley Park
----------	--------------

<b>Pelham Middle School, Pelham</b>	
<b>Phone: 603-635-2321</b>	
Cross Country, Track & Field	<p>Harris Family Track- Located behind the Elementary School 61 Marsh Road Pelham, NH 03076</p> <p><b><u>From the School:</u></b> Take 101W toward Manchester, merge onto I-93 S/NH-101W Keep left to take I-93 S toward Derry/Boston Take Exit 3 for NH-111 Turn left onto NH-111/Indian Rock Road Turn right onto Range Rd/NH-111 A Turn left onto NH-111A/Lowell Rd, Continue to follow NH-111A, pass through 1 roundabout Enter next roundabout and take 2<sup>nd</sup> exit onto Marsh Rd/NH-111 A Destination is on the left</p>
<b>Pennichuck Middle School, Nashua</b>	
<b>Phone: 603-966-4140</b>	
Track and Field	207 Manchester St Nashua, NH 03064
<b>Presentation of Mary (PMA), Hudson</b>	
<b>Phone: 603-889-6054</b>	
Soccer, Softball	<p>182 Lowell Road Hudson, NH 03051</p> <p><b><u>From Candia:</u></b> 101W to Everett Turnpike/US-3S Follow US-3S to Exit 2 for Hudson Off the exit continue onto Circumferential Highway, then take a slight left onto NH-3A North Turn right onto Executive Drive, then take the first left. The destination is ahead on the left.</p>
<b>St. Joseph's: Manchester</b>	

**Phone: 603-624-4811**

Soccer	<p><u>Behind Wendy's on South Willow Street: Precourt Park</u> <b><u>From the School:</u></b> Take 101W toward Manchester, merge onto I-93S/101W toward Manchester airport, merge onto I-293N/NH-101W Take Exit 1, South Willow Street and turn right off the exit Destination will be on the left at the light at Wendy's/Burger King, fields are behind Wendy's</p>
Basketball	<p><u>Basketball is at the school:</u> 148 Belmont Street Manchester, NH 03103 <b><u>From the School:</u></b> Take 101W toward Manchester, merge onto I-93 N toward Concord Take Exit 8, Wellington Road and merge right onto NH-28 A Stay straight to go onto Bridge St Turn left onto Mammoth Rd/NH-28 A Turn right onto Lake Ave Turn left onto Belmont St. Destination is on the right</p>
Baseball	<p><u>Prout Park</u> <b><u>From Candia:</u></b> Take 101W toward Manchester, stay right to merge onto I-93N toward Concord Take exit 8 for Wellington Rd Turn right onto Wellington Rd Turn left onto Mammoth Rd Slight right onto Tarrytown Rd Turn right onto Lake Ave Turn left onto Cypress St.</p>
Softball	<p><u>Youngsville Park-</u> off Candia Road in Manchester <b><u>From Candia:</u></b> 101W to Exit 1 for Auburn Turn left off the exit At the traffic circle take the first exit onto Candia Road The fields will be on your right</p>

**St. Joseph's: Salem**

**Phone: 603-893-6811**

Basketball

40 Main Street  
Salem, NH 03079

**From the School:**

Take 101W toward Manchester, merge onto I-93 S/101W toward Manchester Airport, merge onto I-93S toward Derry/Boston  
Take Exit 2 toward Pelham/Salem  
Turn left onto Pelham Rd, continue to follow NH-97  
Destination is on the right, just past Maple Pl.

Softball

Dr. L.F. Soule School  
173 S. Policy Street  
Salem, NH 03079

**From the School:**

Take 101W toward Manchester, merge onto I-93 S/101W toward Manchester Airport, merge onto I-93S toward Derry/Boston  
Take Exit 2 toward Pelham/Salem  
Turn left onto NH-97/Pelham Rd  
Turn right onto S Policy St  
Destination is on the left

**Salem Middle School (Woodbury)**

**Phone: 603-893-7055**

Track and Field

206 Main Street  
Salem, NH 03079

**From the School:**

Take NH-101W to I-93S. Take Exit 2 toward Salem/Pelham  
Keep left at the fork to continue toward Pelham Rd  
Turn Left onto Pelham Road, continue onto Main Street

**Sanborn Regional Middle School, Newton/Kingston**

**Phone: 603-383-6226**

Soccer

31A West Main Street  
Newton, NH 03858

**From the School:**

Take 101E toward Portsmouth  
Take Exit 7 toward Epping/Kingston

	<p>Turn right onto Calef Hwy/NH-125.  Continue to follow NH-125  Turn left onto Newton Junction Rd. which becomes W Main St  31 W Main St will be on the left</p>
Basketball	<p>Swasey Gym  178 Main Street  Kingston, NH  <b><u>From the School:</u></b>  Take 101E toward Portsmouth  Take Exit 7 toward Epping/Kingston  Turn right onto Calef Hwy/NH-125.  Continue to follow NH-125  Turn right onto Main St/NH-111  Destination will be on the right</p>
Track & Field	<p>17 Danville Road  Kingston, NH 03848  <b><u>From the School:</u></b>  Take 101E toward Portsmouth  Take Exit 7 toward Epping/Kingston  Turn right onto Calef Hwy/NH-125.  Continue to follow NH-125  Turn right onto NH-111/Danville Rd  Turn right onto Danville Rd  Destination is on the left</p>
Softball	<p>Chase Field, Kingston</p>

**Timberlane Middle School**

**Phone: 603-382-7131**

<p>Track and Field</p> <p>Baseball (Behind the high school)</p> <p>Softball (Behind the middle school)</p>	<p>44 Greenough Road  Plaistow, NH 03865  <b><u>From the School:</u></b>  Take NH-101E to Exit 5 for NH-102 toward Fremont  Turn Left onto NH-102/Freetown Rd  Turn Left onto NH-107 S  Turn Right onto NH-111A W  Continue straight onto Brown Hill Rd  Slight Left onto NH-121 A  Turn Right onto Danville Road  Turn Right onto Greenough Road, your destination will be on the left.</p>
--	--

**Weare Middle School, Weare**

<b>Phone:</b>	
Track and Field	
<b>West Running Brook Middle School, Derry</b>	
<b>Phone: 603-432-1250</b>	
Cross Country	1 West Running Brook Lane Derry, NH 03038 <b><u>From the School (Highway):</u></b> Take 101W toward Manchester Take Exit 1 toward Auburn/Hooksett Turn left onto Londonderry Tpk/NH-28 Byp Enter roundabout and take 2 <sup>nd</sup> exit onto NH-28 Byp Enter next roundabout and take 2 <sup>nd</sup> exit onto NH-28 Byp/Main St Turn left onto W Running Brook Lane
<b>Wilton-Lyndeborough Co-op, Wilton</b>	
<b>Phone: 603-654-6123</b>	
Soccer, Basketball, Softball, Baseball	57 School Road Wilton, NH 30386
<b>Windham Middle School, Windham</b>	
<b>Phone: 603-893-2636</b>	
Cross Country	112 Lowell Road Windham, NH 03087 <b><u>From the School:</u></b> Take 101W toward Manchester, merge onto I-93S/101W toward Manchester Airport Keep left on I-93S toward Derry/Boston Take Exit 3 toward Windham/N Salem Turn right onto NH-111/Indian Rock Rd Turn left onto Lowell Rd Destination will be on the right
<b>World Academy, Nashua</b>	
<b>Phone: 603-888-1982</b>	
Soccer	454 Main Dunstable Road Field #4

	<p>Nashua, NH</p> <p><b><u>From the School</u></b></p> <p>Take 101W toward Manchester, merge onto I-93S/101W toward Manchester/Boston</p> <p>Merge onto I-293N/NH-101W toward Manchester Airport, stay on 101W until the exit for the Everett Turnpike South on the right</p> <p>Take exit 5 for NH-111 W toward Pepperell MA. Keep left at the fork, follow signs for NH 111 W/Main Dunstable</p> <p>Continue onto Main Dunstable, destination will be on the left.</p>
Basketball	<p>138 Spit Brook Road Nashua, NH 03062</p> <p><b><u>From the School:</u></b></p> <p>Take 101W toward Manchester, merge onto I-93S/101W toward Manchester/Boston</p> <p>Merge onto I-293N/NH-101W toward Manchester Airport, stay on 101W until the exit for the Everett Turnpike South on the right</p> <p>Take Everett Turnpike to Exit 1, Spit Brook Rd ramp toward S Nashua</p> <p>Keep right to take Spit Brook Rd ramp toward Tara Blvd</p> <p>Turn right onto Spit Brook Rd</p> <p>Destination is on the right</p>