


Henry W. Moore Bell Café

August/September

All meals include fruit, veggie and milk. Student must choose a fruit or veggie to make a complete meal.

This menu meets the nutritional guidelines for the National School Lunch Program. ***This institution is an equal opportunity provider and employer.***

Families may apply at any time during the school year for the Free and Reduced Lunch program. Menu subject to change without notice due to product availability.

Monday	Tuesday	Wednesday	Thursday	Friday
	A variety of fruit and milk choices offered daily.		29 Pizza Day Cheese or Pepperoni Garden Salad Crunchy Celery Sticks NO ALA CARTE	30 Chicken Nuggets w/Dipping Sauce Warm Pretzel Green Beans Corn NO ALA CARTE
2 NO SCHOOL	3 Taco Tuesday Beef Tacos Spanish Rice Corn Salsa, Lettuce, Tomato and Cheese	4 Cheesy Bosco Pizza Sticks w/Marinara for Dipping Roasted Broccoli Roasted Cauliflower	5 Sal's Pizza Day Garden Salad Crispy Carrots	6 Chicken and Waffles w/Syrup Cole Slaw Baked Beans
9 Breakfast Sandwich Sausage, Egg and Cheese on Bagel Hash Brown Baked Beans	10 Chicken Patty on Roll Sweet Potato Fries Green Beans	11 Meatball Sub w/Parmesan Cheese Roasted Summer Squash Broccoli	12 Pizza Day Cheese, Pepperoni or Meatball Garden Salad Red Pepper Strips	13 Hot Dog on Roll Homemade Tomato Basil Salad Corn on the Cob
16 French Toast Sticks w/Syrup Ham Slices Breakfast Home Fries Sweet Roasted Chick Peas	17 Beef and Cheese Nachos Rice Salsa, Lettuce and Tomato Corn	18 Spaghetti w/Meat Sauce and Shredded Mozzarella Texas Toast Green Beans Roasted Cauliflower	19 Sal's Pizza Day Garden Salad Crispy Carrots	20 Boneless Chicken Wings Regular or Buffalo Baked Fries Mixed Veggies
23 Waffles w/Blueberries or Syrup Sausage Hash Brown Baked Beans	24 Steak and Cheese Sub Kale Chips Crispy Carrots	25 Chicken Broccoli Alfredo Over Pasta Peas and Carrots Medley Warm Chocolate Chip Cookie	26 Pizza Day Garden Salad Cherry Tomatoes	27 NO SCHOOL

Sandwich and Salad of the Week:

Sept 3 - Sept 6: Bologna & Cheese Sandwich; Teriyaki Chicken Salad

Sept 9 - Sept 13: Ham & Cheese Sub; Southwest Chicken Salad

Sept 16 - Sept 20: Tuna Sub; Crispy BBQ Chicken Salad

Sept 23 - Sept 26: Turkey & Cheese Sub; Crispy Chicken BLT Salad