

Middle School Boys/Girls Cross Country Sign Up Form
Open to 2018-2019 5th – 8th graders
Coach: Coach Isham

Cross country is a participatory sport and there are no tryouts. Practices will begin September 6th from 3-4:15. In order to participate athletes must be academically eligible in ALL classes and have a current physical on file.

You must attach a copy of your child's physical with immunizations to the signup form in order to be registered. They will not be able to participate without a current physical on file with the nurse.

Attached is a fact sheet about concussions. This must be read prior to returning this form. Please initial stating it has been read.

Please fill out the information below and return to school by September 1st. Forms will be accepted NO LATER THAN the first day of practices.

Cross Country Signups – PLEASE PRINT NEATLY!

Student Name: _____

Phone # _____

Email address: _____

I give my son/daughter _____ permission to participate on the middle school cross country team. I understand that my child must have a current physical **(which is attached)** and must remain academically eligible (see student handbook for policy) to play on the team. If my child becomes a member of the school team, I agree to return the uniform or be responsible for the replacement cost of the uniform. I also understand there are inherent risks involved in playing this sport and injury could occur.

Parent Signature: _____

Date: _____

Please initial indicating you have read A Fact Sheet for Parents regarding concussions, which can also be found on the school website athletics page.