

<b>Amherst Middle School</b>	
<b>Phone: 603-673-8944</b>	
Track and Field	<p>412 Boston Post Rd Amherst, NH 03031</p> <p><b><u>From the School</u></b> Take 101W toward Manchester; stay on NH-101W until you get to the exit to merge with Everett Turnpike South Merge with Everett Turnpike South; take exit 11 toward US-3/Merrimack Keep right to continue toward Camp Sargent Rd Turn left onto Camp Sargent Rd, continue to follow Camp Sargent Rd and Continental Blvd Turn right onto NH-101A W Turn right onto Boston Post Rd School will be on the right- track is located between the middle and high school parking lots</p>
<b>Auburn Village School, Auburn</b>	
<b>Phone: 603-483-2769</b>	
Cross Country, Basketball	<p>11 Eaton Hill Road Auburn, NH 03032</p> <p><b><u>From Candia:</u></b> 101W to Exit 2 Take a left off the exit, the school will be on the left. The fields and the gym are in the back of the school.</p>
Soccer, Softball, Baseball	<p>Wayne Eddows Field 27 Priscilla Lane Auburn, NH 03032</p> <p><b><u>From Candia:</u></b> 101W to Exit 1 Take a left off the exit onto NH-28 S At the traffic circle take the second exit Turn left onto Pricilla Lane</p>
<b>Bedford: Ross A. Lurgio Middle School</b>	
<b>Phone: 603-310-9100</b>	
Track and Field	47 Nashua Rd

	<p>Bedford, NH 03110</p> <p><b><u>From the School:</u></b></p> <p>Take 101W toward Manchester, take the right exit to 101W/293N toward Manchester</p> <p>Continue on 293N, keep left to continue on 101W</p> <p>At light, stay in left lanes to turn onto 101W</p> <p>Turn left onto Chestnut Dr</p>
<p><b>Boynton Middle School, New Ipswich</b></p> <p><b>Phone: 603-878-4800</b></p>	
<p>Soccer, Softball, Baseball</p>	<p>Town Field on Playground Road</p> <p><b><u>From Candia:</u></b></p> <p>101W toward Manchester; Keep left to stay on 101W, and turn left to follow 101W toward Milford/Keene.</p> <p>About 17 miles, turn left onto Elm St./NH-101, continue to follow NH-101</p> <p>Turn left onto Greenville Rd/NH-31, continue to follow NH-31</p> <p>Turn Right onto Pleasant St./NH-123</p> <p>Turn slight left onto Main St/NH-123</p> <p>Turn left onto River St/NH-123, continue to follow NH-123</p> <p>Turn right onto Turnpike Rd.</p> <p>Turn right onto Temple Road</p> <p>Take the 1<sup>st</sup> left onto Playground Rd.</p>
<p>Basketball</p>	<p>Basketball court at the school:</p> <p>500 Turnpike Road</p> <p>New Ipswich, NH 03071</p> <p><b><u>From Candia:</u></b></p> <p>101W toward Manchester; Keep left to stay on 101W, and turn left to follow 101W toward Milford/Keene.</p> <p>About 17 miles, turn left onto Elm St./NH-101, continue to follow NH-101</p> <p>Turn left onto Greenville Rd/NH-31, continue to follow NH-31</p> <p>Turn Right onto Pleasant St./NH-123</p> <p>Turn slight left onto Main St/NH-123</p> <p>Turn left onto River St/NH-123, continue to follow NH-123</p> <p>Turn right onto Turnpike Rd. School is on</p>

	the left.
<b>Cawley Middle School: Hooksett</b>	
<b>Phone: 603-518-5047</b>	
Cross Country	89 Whitehall Road Hooksett, NH 03106 <b>From the school:</b> Take a right at the traffic light onto High Street. Follow this road for about 7 miles, Cawley Middle School will be on the left.
<b>Chester: Chester Academy</b>	
<b>Phone: 603-887-3621</b>	
Soccer, Basketball, Softball, Baseball	22 Murphy Drive Chester, NH 03036 <b>From the School:</b> Start going southwest on NH-43, turn slight right onto Old Candia Rd/NH-43 Take the 2 <sup>nd</sup> left onto Stump St. Turn right onto Main St.; take the 1 <sup>st</sup> left onto Chester Rd (Becomes Candia Rd.) Turn left onto N Pond Rd. Turn right onto Raymond Rd/NH-102 Take 1 <sup>st</sup> left onto Murphy Dr.
Cross Country	Wason Pond Recreation Area 603 Raymond Rd Chester, NH 03036 <b>From the School:</b> Turn left onto NH-27/High St.; continue to follow NH-27 Stay straight to go onto Route 27/NH-107 Take the 1 <sup>st</sup> right onto Main Street Turn right onto Freetown Rd/NH-102; continue to follow NH-102 Destination is on the right.
<b>Concord Middle School</b>	
<b>Phone: 603-225-0862</b>	
Track and Field	Memorial Field Concord, NH 03301 <b>From the School:</b> Take NH-101W to 93N. Get off Exit 12N on 93N to merge onto Main Street Turn Left onto Broadway

	Continue onto Clinton St. Turn Right at Norwich Street
<b>Derryfield School, Manchester</b>	
<b>Phone: 603-669-4524</b>	
Soccer, Basketball, Baseball	2108 North River Road Manchester, NH 03104 <b>From the School:</b> Turn right onto High St/NH-27; Continue to follow NH-27 NH-27 becomes Martins Ferry Rd Martins Ferry Rd becomes N River Rd Derryfield School will be on the right
<b>Epping Middle School, Epping</b>	
<b>Phone: 603-679-2544</b>	
Soccer, Basketball, Softball, Baseball	33 Prospect Road Epping, NH 03042 <b>From the School:</b> Turn left onto High St/NH-27, continue to follow NH-27 Turn left onto Main St (Epping House of Pizza on the corner) Turn left onto Prospect St School is on the right <b>Highway:</b> Take 101E to exit 7 toward Epping/Kingston Turn left onto NH-125/Calef Hwy. Turn left onto Water St/NH-27 Take the 2 <sup>nd</sup> right onto Main St Turn left onto Prospect St, school is on the right
<b>Gilbert H. Hood, Derry</b>	
<b>Phone: 603-432-1224</b>	
Cross Country	<b>At the School:</b> 5 Hood Road Derry, NH 03038 <b>From the School:</b> Start southwest on NH-43 toward High St, take slight right onto Old Candia Rd/NH-43 Take 2 <sup>nd</sup> left onto Stump St Turn right onto Main St Take 1 <sup>st</sup> left onto Chester Rd (Becomes

	<p>Candia Rd)  Turn left onto NH-121/Chester St  Turn right onto Derry Rd/NH-102, continue to follow NH-102  Enter roundabout and take 2<sup>nd</sup> exit onto E Broadway/NH-102  Turn right onto Hood Rd, destination is on the right  <b>Highway:</b>  101W to Exit 1 for Auburn/Hooksett  Turn left onto NH-28 Byp/Londonderry Turnpike  Enter roundabout and take 2<sup>nd</sup> exit to NH-28; follow for almost 9 miles  Enter next roundabout and take 1<sup>st</sup> exit onto E Broadway/NH-102  Turn right onto Hood Rd, destination is on the right</p>
Track & Field	<p>T&amp;F runs at <u>Pinkerton Academy</u>  19 N. Main Street  Derry, NH 03038  <b>From the School/Highway:</b>  101W to Exit 1 for Auburn/Hooksett  Turn left onto NH-28 Byp.  Enter roundabout and take 2<sup>nd</sup> exit to NH-28  Destination will be on the left, if you pass Pinkerton Academy Dr. you have gone too far</p>
<p><b>Hampstead Middle School, Hampstead</b>  <b>Phone: 603-329-6743</b></p>	
Cross Country	<p>28 School Street  Hampstead, NH 03841  <b>From the School:</b>  Start going southwest on NH-43, take slight right onto NH-43  Take 2<sup>nd</sup> left onto Stump St  Right onto Main St  Take 1<sup>st</sup> left onto Chester Rd (Becomes Candia Rd)  Turn left onto NH-121, continue to follow NH-121  Turn left onto School St, destination is on</p>

	the left
<b>Hopkinton Middle/High School, Contoocook</b>	
<b>Phone:</b>	
Soccer	<p><b>Houston Fields:</b>        89 North to Exit 6, take a right off the exit        Follow road to center of Contoocook, about one mile, where road ends        Take a left and go over the bridge        Bear left at fork and take immediate left on Pine St. next to fire station        About 500 yards along on right enter at sign for Hopkinton Library and Houston Fields        Fields 1 and 2 are behind Library        To get to Field 3, go past soccer field and take a right at gate before playground.        Follow dirt road to field 3.        Parking available there.</p>
Basketball	<p>297 Park Ave        Contoocook, NH 03229  <b>From the School:</b>        Follow 101W to I-93N. Take exit ramp for I-89N.        Take Exit 6 for NH-127 toward Contoocook/W Hopkinton.        Turn right onto NH-127 N/Maple St        Take a slight left onto Park Ave, school will be on the right.</p>
<b>Litchfield Middle School, Litchfield</b>	
<b>Phone: 603-424-2133</b>	
Cross Country	<p>19 McElwain Drive        Litchfield, NH 03052  <b>From the School:</b>        Take 101W toward Manchester; merge onto I-93 S/NH 101W; Merge onto I-293 N toward Manchester Airport- Take Exit 2, NH-3A/Brown Ave        Take a left off the exit onto Brown Ave        Turn slight right onto Brown Ave/NH-3A, continue to follow NH-3A        Turn left onto Pinecrest Rd        Take the 1<sup>st</sup> left onto McElwain Dr, your</p>

	destination is on the right
<b>Londonderry Middle School/High School, Londonderry</b>	
<b>Phone: 603-432-6925</b>	
Cross Country, Track & Field	<p><u>CC State Meet, T &amp; F run at High School</u>  295 Mammoth Road  Londonderry, NH 03053  <b>From the School:</b>  Take 101W toward Manchester; Merge onto I-93 S/NH-101W toward Manchester/Boston; Keep left to take I-93 S toward Derry/Boston  Take Exit 5 toward No Londonderry/Manchester – Merge onto NH-28N  Turn left onto NH-128/Mammoth Rd  Destination is on the right, about 3 miles</p> <p><u>CC Regular Season run at Middle School</u>  268 Mammoth Road  Londonderry, NH 03053  <b>From the School:</b>  Take 101W toward Manchester; Merge onto I-93 S/NH-101W toward Manchester/Boston; Keep left to take I-93 S toward Derry/Boston  Take Exit 5 toward No Londonderry/Manchester – Merge onto NH-28N  Turn left onto NH-128/Mammoth Rd  Destination is on the right, about 3 miles</p>
<b>Merrimack Middle School, Merrimack</b>	
<b>Phone: 603-424-6289</b>	
Cross Country	<p>31 Madeline Bennett Dr.  Merrimack, NH 03054  <b>From the School</b>  Take the ramp onto 101W toward Manchester. Merge onto Everett Turnpike south.  Use the right two lanes to take the Raymond Wieczorek Drive E exit toward US 3 E/Manchester Boston Regional airport.  Keep right to continue toward US3 S</p>

	<p>Turn right onto US 3 S  Turn right onto Baboosic Lake Rd  Continue straight onto Madeline Bennett Dr</p>
<p><b>Milford Middle School</b></p>	
<p><b>Phone:</b></p>	
Track and Field	<p>Milford Middle School  33 Osgood Road  Milford, NH 03055  <b><u>From the School:</u></b>  Take 101W toward Manchester, take the right exit to 101W/293N toward Manchester  Continue on 293N, keep left to continue on 101W  At light, stay in left lanes to turn onto 101W  Take NH-13 exit toward Milford/Brookline  Turn right onto NH-13 N  Turn left onto Union Street  Turn left onto Osgood Rd  Track is between the middle school and the high school buildings</p>
<p><b>Nashua High School South, Nashua</b></p>	
<p><b>Phone: 603-589-4311</b></p>	
Cross Country	<p>36 Riverside Drive  Nashua, NH 03062  <b><u>From the School:</u></b>  Take 101W toward Manchester; stay on NH-101W until you get to the exit to merge with Everett Turnpike South  Merge with Everett Turnpike South; take exit 5 toward NH-111 W  Merge onto NH-111 W via Exit 5W toward Pepperell MA  Turn right onto Panther Drive  Take 1<sup>st</sup> right onto Riverside Drive  Destination will be on the left</p>
<p><b>Pelham Middle School, Pelham</b></p>	
<p><b>Phone: 603-635-2321</b></p>	
Cross Country, Track & Field	<p>Harris Family Track- Located behind the Elementary School</p>



	<p>61 Marsh Road Pelham, NH 03076</p> <p><b><u>From the School:</u></b> Take 101W toward Manchester, merge onto I-93 S/NH-101W Keep left to take I-93 S toward Derry/Boston Take Exit 3 for NH-111 Turn left onto NH-111/Indian Rock Road Turn right onto Range Rd/NH-111 A Turn left onto NH-111A/Lowell Rd, Continue to follow NH-111A, pass through 1 roundabout Enter next roundabout and take 2<sup>nd</sup> exit onto Marsh Rd/NH-111 A Destination is on the left</p>
<p><b>Presentation of Mary (PMA), Hudson</b></p> <p><b>Phone: 603-889-6054</b></p>	
<p>Soccer, Softball</p>	<p>182 Lowell Road Hudson, NH 03051</p> <p><b><u>From Candia:</u></b> 101W to Everett Turnpike/US-3S Follow US-3S to Exit 2 for Hudson Off the exit continue onto Circumferential Highway, then take a slight left onto NH-3A North Turn right onto Executive Drive, then take the first left. The destination is ahead on the left.</p>
<p><b>St. Joseph's: Manchester</b></p> <p><b>Phone: 603-624-4811</b></p>	
<p>Soccer</p>	<p><u>Behind Wendy's on South Willow Street:</u> Precourt Park</p> <p><b><u>From the School:</u></b> Take 101W toward Manchester, merge onto I-93S/101W toward Manchester airport, merge onto I-293N/NH-101W Take Exit 1, South Willow Street and turn right off the exit Destination will be on the left at the light at Wendy's/Burger King, fields are behind Wendy's</p>

Basketball	<p>Basketball is at the school:  148 Belmont Street  Manchester, NH 03103  <b><u>From the School:</u></b>  Take 101W toward Manchester, merge onto I-93 N toward Concord  Take Exit 8, Wellington Road and merge right onto NH-28 A  Stay straight to go onto Bridge St  Turn left onto Mammoth Rd/NH-28 A  Turn right onto Lake Ave  Turn left onto Belmont St.  Destination is on the right</p>
Baseball	<p>Prout Park  <b><u>From Candia:</u></b>  Take 101W toward Manchester, stay right to merge onto I-93N toward Concord  Take exit 8 for Wellington Rd  Turn right onto Wellington Rd  Turn left onto Mammoth Rd  Slight right onto Tarrytown Rd  Turn right onto Lake Ave  Turn left onto Cypress St.</p>
Softball	<p>Youngsville Park- off Candia Road in Manchester  <b><u>From Candia:</u></b>  101W to Exit 1 for Auburn  Turn left off the exit  At the traffic circle take the first exit onto Candia Road  The fields will be on your right</p>
<p><b>St. Joseph's: Salem</b></p> <p><b>Phone: 603-893-6811</b></p>	
Basketball	<p>40 Main Street  Salem, NH 03079  <b><u>From the School:</u></b>  Take 101W toward Manchester, merge onto I-93 S/101W toward Manchester Airport, merge onto I-93S toward Derry/Boston  Take Exit 2 toward Pelham/Salem  Turn left onto Pelham Rd, continue to follow NH-97  Destination is on the right, just past Maple</p>

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Softball	<p>Dr. L.F. Soule School 173 S. Policy Street Salem, NH 03079</p> <p><b>From the School:</b> Take 101W toward Manchester, merge onto I-93 S/101W toward Manchester Airport, merge onto I-93S toward Derry/Boston Take Exit 2 toward Pelham/Salem Turn left onto NH-97/Pelham Rd Turn right onto S Policy St Destination is on the left</p>
<b>Salem Middle School (Woodbury)</b>	
<b>Phone: 603-893-7055</b>	
Track and Field	<p>206 Main Street Salem, NH 03079</p> <p><b>From the School:</b> Take NH-101W to I-93S. Take Exit 2 toward Salem/Pelham Keep left at the fork to continue toward Pelham Rd Turn Left onto Pelham Road, continue onto Main Street</p>
<b>Sanborn Regional Middle School, Newton/Kingston</b>	
<b>Phone: 603-383-6226</b>	
Soccer	<p>31A West Main Street Newton, NH 03858</p> <p><b>From the School:</b> Take 101E toward Portsmouth Take Exit 7 toward Epping/Kingston Turn right onto Calef Hwy/NH-125. Continue to follow NH-125 Turn left onto Newton Junction Rd. which becomes W Main St 31 W Main St will be on the left</p>
Basketball	<p>Swasey Gym 178 Main Street Kingston, NH</p> <p><b>From the School:</b> Take 101E toward Portsmouth Take Exit 7 toward Epping/Kingston Turn right onto Calef Hwy/NH-125.</p>

	Continue to follow NH-125 Turn right onto Main St/NH-111 Destination will be on the right
Track & Field	17 Danville Road Kingston, NH 03848 <b>From the School:</b> Take 101E toward Portsmouth Take Exit 7 toward Epping/Kingston Turn right onto Calef Hwy/NH-125. Continue to follow NH-125 Turn right onto NH-111/Danville Rd Turn right onto Danville Rd Destination is on the left
Softball	Chase Field, Kingston
<b>Timberlane Middle School</b>	
<b>Phone: 603-382-7131</b>	
Track and Field	44 Greenough Road Plaistow, NH 03865 <b>From the School:</b> Take NH-101E to Exit 5 for NH-102 toward Fremont Turn Left onto NH-102/Freetown Rd Turn Left onto NH-107 S Turn Right onto NH-111A W Continue straight onto Brown Hill Rd Slight Left onto NH-121 A Turn Right onto Danville Road Turn Right onto Greenough Road, your destination will be on the left.
<b>West Running Brook Middle School, Derry</b>	
<b>Phone: 603-432-1250</b>	
Cross Country	1 West Running Brook Lane Derry, NH 03038 <b>From the School (Highway):</b> Take 101W toward Manchester Take Exit 1 toward Auburn/Hooksett Turn left onto Londonderry Tpk/NH-28 Byp Enter roundabout and take 2 <sup>nd</sup> exit onto NH-28 Byp Enter next roundabout and take 2 <sup>nd</sup> exit onto NH-28 Byp/Main St

	Turn left onto W Running Brook Lane
<b>Wilton-Lyndeborough Co-op, Wilton</b>	
<b>Phone: 603-654-6123</b>	
Soccer, Basketball, Softball, Baseball	57 School Road Wilton, NH 30386
<b>Windham Middle School, Windham</b>	
<b>Phone: 603-893-2636</b>	
Cross Country	112 Lowell Road Windham, NH 03087 <b>From the School:</b> Take 101W toward Manchester, merge onto I-93S/101W toward Manchester Airport Keep left on I-93S toward Derry/Boston Take Exit 3 toward Windham/N Salem Turn right onto NH-111/Indian Rock Rd Turn left onto Lowell Rd Destination will be on the right
<b>World Academy, Nashua</b>	
<b>Phone: 603-888-1982</b>	
Soccer	454 Main Dunstable Road Field #4 Nashua, NH <b>From the School</b> Take 101W toward Manchester, merge onto I-93S/101W toward Manchester/Boston Merge onto I-293N/NH-101W toward Manchester Airport, stay on 101W until the exit for the Everett Turnpike South on the right Take exit 5 for NH-111 W toward Pepperell MA. Keep left at the fork, follow signs for NH 111 W/Main Dunstable Continue onto Main Dunstable, destination will be on the left.
Basketball	138 Spit Brook Road Nashua, NH 03062 <b>From the School:</b> Take 101W toward Manchester, merge onto I-93S/101W toward Manchester/Boston Merge onto I-293N/NH-101W toward

Manchester Airport, stay on 101W until the exit for the Everett Turnpike South on the right

Take Everett Turnpike to Exit 1, Spit Brook Rd ramp toward S Nashua

Keep right to take Spit Brook Rd ramp toward Tara Blvd

Turn right onto Spit Brook Rd

Destination is on the right